

Internal Support Resources

This document is designed as a starting point to identify resources internal to the university. Please note that each agency is listed according to its primary resource but may provide multiple assistance types. For example, the Cooperate Emergency Outreach (CEO) agency offers rental assistance and prescription vouchers but is listed under “Housing.” Please scan the entire document or use a keyword search to ensure that all resources are identified.

What this is: A categorized list of internal resources that address basic needs and wellness on the University of Arkansas campus. All services, unless otherwise noted, are available at no cost to the individual.

What this is not: A comprehensive list of every agency and organization providing basic needs support in Arkansas.

See an error or want to add a resource to the list? Please email us at uacares@uark.edu!

Academic

Resource	Location	Website/Contact Information	Days/Time Available	Assistance Offered	Requirements
Academic Advising	Dale Bumpers College of Agriculture, Food, and Life Sciences	https://bumperscollege.uark.edu/student-services/index.php	By appointment, as well as virtual and in person appointments	Academic Advising	
Academic Advising	Fay Jones School of Architecture and Design	https://fayjones.uark.edu/people/current-students/advising.php	By appointment	Academic Advising	
Academic Advising	Fulbright College of Arts and Sciences	https://fulbright.uark.edu/advising-center/	Walk-ins and on-call times, as well as virtual and in person appointments	Academic Advising	
Academic Advising	Walton College of Business	https://walton.uark.edu/advising	By appointment, in-person and virtual	Academic Advising	
Academic Advising	College of Education and	https://coehp.uark.edu/students/advising/index.php	By appointment, in-	Academic Advising	

	Health Professions		person and virtual		
Academic Advising	College of Engineering	https://engineering.uark.edu/academics/undergraduate-students/advising.php	Assigned, by appointment	Academic Advising	
Academic Calendar	Online	https://registrar.uark.edu/academic-dates/academic-semester-calendar/index.php		Academic semester dates and deadlines	
Student and Academic Grievance and Appeals		https://catalog.uark.edu/undergraduatecatalog/academicregulations/studentacademicappeals/		Information regarding criteria and process for student grievances and appeals	
Academic Standards Committee		https://registrar.uark.edu/student-records/academic-standards-committee.php		Information and criteria for academic appeals and standards	

Accelerate Student Achievement Program (ASAP)	On-campus	https://admissions.uark.edu/asap/index.php	ASAP scholars move to the U of A campus early in late July	Summer bridge program in early August for Arkansas pell-eligible students that includes a 2 hour-credit of university coursework, academics, financial, and career guidance, a renewable \$4,000 scholarship, opportunity to move in on campus early for your freshman year.	
Center for Educational Access	209 ARKU (located in the Union)	https://cea.uark.edu/ 479-575-3104 Accommodation request https://cea.uark.edu/students/getting-started.php	Office hours: 8:00-5:00	Academic accommodations and resources	
Freshman Commuter Student Success	Arkansas Union 603 (6 th floor west)	https://fcss.uark.edu/		Academic Support Program for students living off campus	

Student Success Center	CORD (470 N. Campus Walk)	https://success.uark.edu/		Student Success Services such as tutoring, academic outreach, peer mentoring, student success courses, and advising	
Mathematics Resource and Teaching Center	850 West Dickson Street Room 309	https://math.uark.edu/mrtc/		Teaching Center for mathematics tutoring as well as testing center for math courses	
Testing Services	Main Office: 97 N Razorback Road	https://test.uark.edu/ 479-575-3948		Provides proctoring services, professional and academic exams, as well as accommodated testing	
Instructions for dropping and		https://help-uconnect.uark.edu/knowledge-centers/student/drop-class.php https://help-uconnect.uark.edu/knowledge-centers/student/offical-withdrawal-drop-all-classes.php		Step-by-step instructions for dropping and withdrawing	

withdrawing				from courses on UAconnect	
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Financial

Resource	Location	Website/Contact Information	Days/Times Available	Assistance Offered	Requirements
U of A Cares Emergency Fund		https://hogsync.uark.edu/otp_signup?module=survey&survey_id=31&r=%2fUACares%2fsurvey%3fsurvey_uid%3d20062f3a-f4f1-11ed-902f-0e3e5d452619%26feedback_event_id%3d%26content_type%3d%26content_type_id%3d		Emergency Funding for non-tuition expenses for short-term emergencies	Supportive documentation needed
Needy Family Graduate Student Fund		https://graduate-and-international.uark.edu/graduate/costs-and-funding/emergency/needy-family-fund/index.php		Financial Assistance for graduate students with unforeseen financial	Must be a full-time student in semester funds is being applied for, be

				emergencies beyond their own control that hinders their abilities to continue in school	currently enrolled as a degree seeking graduate student, be in good academic standing, have experience and an unexpected financial emergency
International Education Catastrophic Fund		https://graduate-and-international.uark.edu/graduate/costs-and-funding/emergency/catastrophic-fund.php		Need-based assistance for undergraduate and international students with an unforeseen financial emergency	Must be a full-time student in semester funds is being applied for, be currently enrolled as a degree seeking graduate student, be in good academic standing, have experience

					d an unexpected financial emergency
Fulbright College Dean's Emergency Retention Fund		https://fulbright.uark.edu/scholarships/emergencyfund.php Application form https://forms.uark.edu/xfp/form/545		Emergency funding for undergraduate students in Fulbright College	
Walton College Emergency Fund		https://waltonuark.az1.qualtrics.com/jfe		Emergency funding for or unforeseen circumstances	Must have a declared program in Walton College, must be in good academic standing, must be enrolled in the semester in which funding is being received
Law Student Emergency Fund		https://law.uark.edu/support/emergency-fund.php		Emergency funding for students in the School of Law	Must be currently enrolled in the School of Law, have an

					immediate financial hardship resulting from an emergency , submit a complete application with supporting documentation
Student Affairs Scholarships		https://studentaffairs.uark.edu/scholarships.php		Scholarships from the division of student affairs which are based	
College/Departmental Scholarships		https://scholarships.uark.edu/current-students/college-scholarships.php		Scholarships and grants for undergraduate and graduate students majoring in specific areas	

				offered by the college	
U of A's Guide to Outside Scholarships		https://scholarships.uark.edu/guide-to-outside-scholarships/index.php		Information regarding scholarships that come from outside the University of Arkansas	
Chancellor's Student Success Scholarship		https://applyundergrad.uark.edu/register/?id=fe679e28-2e4e-814a-900d-e332fbba3a88		Scholarship that supports undergraduate students who exhibit exceptional financial need and/or extraordinary academic excellence	
Need Based Aid		https://finaid.uark.edu/financial_aid_programs/need-based-aid.php		Various financial aid programs which	

				include scholarships, loans, work-study as well as state programs	
Federal Pell Grant		https://studentaid.gov/understand-aid/types/grants/pell		Financial assistance that does not have to be repaid (except under certain circumstances) awarded to undergraduate students who display exceptional financial need	

Food

Resource	Location	Website/Contact Information	Days/Times Available	Assistance Offered	Requirements
Jane B. Gearhart Full Circle Food Pantry	Arkansas Union 241	https://service.uark.edu/services/pantry/ Link to Request Food: https://linktr.ee/fullcirclefoodpantry	Summer Hours: Monday 11:00-3:00 Wednesday 3:00-6:00 Drop off locations for orders include: UAMS Northwest, Arkansas Research and Technology Park, U of A Uptown Campus, Veteran Resource and Information Center, Graduate Student Lounge Lockers, Holcombe Hall, Food	Free food assistance	

			Science Building		
NWA Basic Needs, Food Pantries, and Meal Services	NWA area	https://nwa.uams.edu/wp-content/uploads/2020/10/NWA-Community-Health-Resource-Guide-3.0-Final-Draft.pdf		Food, housing, and basic needs community resources and locations	
NWA Food Bank	Washington County (multiple locations listed on the website)	https://www.fayetteville-ar.gov/DocumentCenter/View/23198/Washington-County-Food-Assistance-Resources https://irp.cdn-website.com/36de6c32/files/uploaded/Washington%20County%20Resource%20List-018914cb.pdf		Free daily meals and food assistance throughout Washington County cities	
Washington County Food Banks	Locations across Washington Counties	https://www.nwacc.edu/_documents/riskmgmt/coronavirus/food-banks-washington-county.pdf		Free food assistance	
Arkansas Food Pantries	Locations throughout the state of Arkansas	https://www.foodpantries.org/st/arkansas		Free food assistance	
International Grocery Facebook Page	Online information, varying locations across Fayetteville	https://www.facebook.com/fayettevilleinternationalgrocery/		Access and information to international groceries and stores	

International Grocery Resource Page	Online, City of Fayetteville	https://www.fayetteville-ar.gov/3535/International-Groceries		Information and locations for international groceries in Fayetteville and Springdale	
Koreana Korean Market	Fayetteville	https://www.facebook.com/KoreanaMart/		Local Korean market that provides food from all over Asia serving Fayetteville and the surround area	

Health

Resource	Location	Website/Contact Information	Days/Times Available	Assistance Offered	Requirements
Pat Walker Health Center	525 N. Garland Ave Fayetteville, AR	479-575-4451 https://health.uark.edu/	M-TH: 8-5 F:9-5	General and Preventative Medical Care	Active student enrollment
UREC Sports Injury Clinic	HPER 320 University of Arkansas Fayetteville, AR	https://urec.uark.edu/urec-sports-injury-clinic/index.php	Summer Hours: M-TH: 2-5:30 By appointment	Injury evaluation, rehabilitation, and emergency services	Active student enrollment or UREC membership
CAPS (Counseling and Psychological Services)	2 nd Floor PWHC 525 N Garland Ave Fayetteville, AR	479-575-5276 https://health.uark.edu/mental-health/	M-TH: 8-5 F:9-5 24-hour emergency mental health line 479-575-5276	Same day appointments (call for availability) Individual and group counseling	
PWHC Psychiatry Services	525 N Garland Ave Fayetteville, AR	479-575-5276 https://health.uark.edu/mental-health/psychiatry.php	By appointment Call for inquiry	Psychiatric evaluations, consultations and medication management	
UARK Psych Clinic	111 Memorial Hall Fayetteville, AR	479-575-4258 https://psychclinic.uark.edu/	M: 8:30-5 T-TH: 8:30-7 F: 8:30-5	Evaluations (ADHD, Autism, Personality, etc.), therapy, and skills training	Costs and fees: 50-minute therapy session: \$15

				(stress management, parenting, etc.)	Specialized evaluations: \$200-\$550
Wellness Coaching	HLTH 2132 525 N. Garland Ave Fayetteville, AR	wellness@uark.edu https://urec.uark.edu/wellness/wellness-coaching.php	M-F: 8-5 By appointment		
Lane Marris Relaxation Room	2 nd Floor PWHC 525 N Garland Ave Fayetteville, AR	https://health.uark.edu/mental-health/relaxation-room.php	M-TH: 8-5 F:9-5	Massage chairs, yoga mats, guided meditation	Student ID
Welltrack Boost	App	https://health.uark.edu/mental-health/welltrack-boost/index.php		Interactive self-help / mental health management	UARK Log-in information

Housing

Resource	Location	Website/Contact Information	Days/Times Available	Assistance Offered	Requirements
University Housing	960 W. Douglas St. Fayetteville, AR 72701	479-575-4687 Housing@uark.edu https://housing.uark.edu/		Info about housing on campus	

Additional

Agency	Address	Phone/ Email/ Website	Assistance Offered	Requirements
Sexual and Relationship Violence Center (SRVC)	640 N Garland Suite 113 (Garland Garage Retail and Office Space) Fayetteville, AR	479-575-4000 survivor@uark.edu https://studentaffairs.uark.edu/srvc/index.php	Confidential resource offering victim advocacy and education	
SPEAK – break the silence		Speak@uark.edu	Peer mentoring offered through housing, focused on decreasing sexual assault	
Veteran and Military Affiliated Student Center (VMSC)	GACS Suites 115-116 640 N Garland Avenue Fayetteville, AR	479-575-8742 Vmsc@uark.edu https://vmsc.uark.edu/	Assistance with enrollment, admissions and military educational benefits	For military-affiliated students
Student Accountability	Pomfret Hall B 110 1 University of Arkansas Fayetteville AR	479-575-5170 https://accountability.uark.edu/	Handles conduct cases and manages reports based on student violations of the code of student life	
Title IX / OEOC	Administration Building 125 1 University of Arkansas Fayetteville AR	479-575-7111 Titleix@uark.edu https://titleix.uark.edu/	Handles reports of discrimination based on sex or gender in education	
UREC	HPER 225 University of Arkansas Fayetteville AR	479-575-4646 Urec@uark.edu https://urec.uark.edu/	Offers a variety of options for recreation on campus including six main facilities, climbing gym, swimming, equipment rental, etc	
UREC Outdoors – equipment rental	HPER 102 University of Arkansas	479-575-2267 Camp@uark.edu	Equipment rentals for camping, climbing, cycling, paddling; bike shop; local student trips	

	Fayetteville AR	https://urec.uark.edu/outdoors/ M-F: 12-6pm		
UAPD	155 S Razorback Road Fayetteville AR	479-575-2222 (receives calls, texts, images) https://uapd.uark.edu/	Patrol, criminal investigation, K9 unit, aid with unlocking car or jumping battery on campus	
Safe Zone App – UAPD		https://uapd.uark.edu/community-outreach-and-involvement/campus_safety_app.php	Campus Safety App – emergency and first aid buttons	
Safe Ride	Call for service	479-575-7233 https://parking.uark.edu/transit-services/safe-ride/	Safe transportation option for students that will take students back to their residence within Fayetteville city limits	Student ID
Volunteer Action Center	Arkansas Union 241 Fayetteville AR	479-575-4365 Vac@uark.edu https://service.uark.edu/volunteer-action-center/index.php	Connects students to opportunities to volunteer in NWA	
Student Technology Center	Arkansas Union 3 rd floor Fayetteville AR	479-575-8602 https://its.uark.edu/printing-labs/stc/index.php	Technology equipment rental, gaming computers, 3D printing, audio and video production, photography equipment, etc for student use	
UA Law School Immigration Clinic		479-575-3056 Am242@uark.edu (Amelia McGowan-clinic director) https://law.uark.edu/service-outreach/clinics/immigration-clinic.php	Provides representation to area individuals who need legal assistance regarding immigration matters	

UA Law School Civil Litigation and Advocacy Clinic		479-575-3056 Abs006@uark.edu https://law.uark.edu/service-outreach/clinics/civil-clinic.php	Represents low-income clients seeking to enforce their rights in a variety of civil matters	
UA Law School Criminal Practice Clinic		479-575-3056 Aabriggs@uark.edu https://law.uark.edu/service-outreach/clinics/	Represents clients charged with misdemeanor and simple felony charges primarily in Washington County	
UA Law School Human Trafficking Clinic		479-575-3056 Abs006@uark https://law.uark.edu/service-outreach/clinics/human-trafficking-clinic.php	Representation for clients – typically agencies and organizations – seeking to confront and prevent human trafficking	

Other

Agency	Address	Phone/ Email/ Website	Days/Times Available	Assistance Offered	Requirements
Fayetteville Public Library Community Resources Wiki	N/A	http://faylib.pbworks.com/w/page/6936341/FrontPage	N/A	So many!! AA, animal services, book binders, ballroom dancing, clothing	Unknown

				aid, canopy NWA, DHS, garden clubs, immigration office, LGBTQ+ resources, medical aid, and so much more!	
State Senator					

Need help finding other resources?

- Arkansas 211: <https://211arkansas.org/> - The free, confidential, 24-hour-a day, multilingual way to connect individuals and families to critical local resources. These include food, shelter, rental assistance, childcare, and more. Arkansas 211 helps callers navigate their situation and then matches them with the best and closest resources in their community.
- [Additional Resources - Samaritan Community Center \(samcc.org\)](http://samcc.org) – Resources for Benton and Washington Counties.