

External Support Resources

This document is designed as a starting point to identify resources external to the university. Please note that each agency is listed according to its primary resource but may provide multiple assistance types. For example, the Cooperate Emergency Outreach (CEO) agency offers rental assistance and prescription vouchers, but is listed under “Housing.” Please scan the entire document or use a keyword search to ensure that all resources are identified.

What this is: A categorized list of external resources that address basic needs and wellness in Northwest Arkansas. All services, unless otherwise noted, are available at no cost to the individual.

What this is not: A comprehensive list of every agency and organization providing basic needs support in Arkansas.

See an error or want to add a resource to the list? Please email us at uacares@uark.edu!

Housing

Agency	Address	Phone/ Email/ Website	Days/Times Available	Assistance Offered	Requirements
Cooperative Emergency Outreach (CEO)	1649 E. Huntsville Rd, Fayetteville, AR	479-444-7500	MWF 1-3 PM	Food, Gas Vouchers, Clothing Vouchers, Utility Assistance, Rental Assistance, Prescription Vouchers	Must be resident of Washington Co.
HARK NWA	N/A	https://www.harknwa.com/	N/A	Rental assistance, resource connection, case worker type assistance	Unknown
Second Mile Ministry	Heritage Hall 333 W. Maple St Fayetteville, AR	479-521-4787 secondmile@ubcfayettevill.org	MWF 9-12	Rent Assistance, Utility Assistance, Food, Clothing	Unknown
Bread of Life	208 W. Emma Ave. Springdale, AR	https://firstchurchspringdale.org/bol/	WTh: 9am-11:30 am	Food Pantry, Rental Assistance, Utility Assistance	Live in Springdale Have a notice of eviction or disconnect
Salvation Army	219 W. 15 th St. Fayetteville, AR	479-521-2151	M-F: 9am-4pm	Food Pantry, Rental Assistance, Utility Assistance	Appointment only

Utilities

Agency	Address	Phone/ Email/ Website	Days/Times Available	Assistance Offered	Requirements
Salvation Army-Fayetteville	219 W. 15 th St, Fayetteville, AR	479-521-2151	MWF 9am-4 PM TTH 1-3 PM	Electric Bill Assistance (SWEPCO or Ozarks Electric only)	Bill must not be more than \$250. You must call to schedule an appointment.
Economic Opportunity Agency (EOA)	N/A	479-872-7479 liheap@eoawc.org https://eoawc.org/assistance-programs/liheap/	Office Hours: M-Th: 8am-3pm F: 8am-12 pm	Energy Assistance	Must complete online Energy Assistance Application Additional requirements online
Bread of Life	208 W. Emma Ave. Springdale, AR	https://firstchurchspringdale.org/bol/	WTh: 9am-11:30 am	Food Pantry, Rental Assistance, Utility Assistance	Live in Springdale Have a notice of eviction or disconnect
Laundry Love	Wash-a-Rama 549 W. 15 th Fayetteville, AR	479-466-5355 Allison Slankard Aslank23@gmail.com	1 st Friday of the month: 5pm- 7pm	3 Free Laundry Loads, Detergent provided if needed, and a hot meal	Unknown
Second Mile Ministries	Heritage Hall, 333 W Maple St. Fayetteville, AR	479-521-4787 https://ubcfayetteville.org/second-mile-ministry/	MWF: 9-12	Rent Assistance, Utility Assistance, Food, Clothing	Unknown
Cooperatve Emergency Outreach	1649 E Huntsville Road Fayetteville, AR	479-444-7500 https://www.fupcfay.org/serve/cooperatve-emergency-outreach/	MWF: 1-3	Food, gasoline vouchers, clothing vouchers, utility assistance, rental assistance, and prescription vouchers	Unknown

Food

Agency	Address	Phone/ Email/ Website	Days/Times Available	Assistance Offered	Requirements
NWA Food Pantry	Changes-Mobile Food Pantry	Nwafoodbank.org		Food Pantry	Unknown
Lifesource	682 S. Lt. Col Leroy Pond Ave. Fayetteville, AR	479-521-4000	MWTh: 8:30-11:30 am M: 6-7 pm Th: 6-7 pm	Food Pantry	Unknown
Compassion Center (Fayetteville)	Cross Church Fay 2801 W. McMillan Dr. Fayetteville, AR	479-717-5630 Weare479.com	3 rd Friday of every Month: 9 am	Food Pantry	Bring your ID Prefer for you to make an appointment online
St. Paul's Episcopal Church	224 N. East Ave Fayetteville, AR	https://www.stpaulsfay.org/	MW 11:30 am-12:30 pm	Food Pantry	Unknown
St. James Missionary Baptist Church	115 S. Willow Ave, Fayetteville, AR	https://stjbc.org/ministries/community-outreach/	T: 11:00 am-1PM	Food Pantry	Complete application online
Trinity United Methodist Church	1021 W. Sycamore St. Fayetteville, AR	479-530-4395	W: 3:30 pm-7:30 pm	Food Pantry	Unknown
West Ridge Church Food Pantry	4596 W. Wedington Dr. Fayetteville, AR	479-521-4722	3 rd Friday of the Month 11:30 am- 1:30 pm	Food Pantry	Unknown

Banford House	3281 W. Mt. Comfort Rd. Fayetteville, AR	479-442-9171	W: 9am-11 am	Food Pantry	Call for Appointment
Salvation Army	219 W. 15 th St. Fayetteville, AR	479-521-2151	M-F: 9am-4pm	Food Pantry, Rental Assistance, Utility Assistance	Appointment only
Bread of Life	208 W. Emma Ave. Springdale, AR	https://firstchurchspringdale.org/bol/	WTh: 9am-11:30 am	Food Pantry, Rental Assistance, Utility Assistance	No requirements for food pantry
Compassion Center	3157 W. Sunset Ave. Springdale, AR	479-717-5630 Weare479.com	M-T: 4-6:30 pm W-Th: 9-11:30 am	Food Pantry	Bring your ID Prefer for you to make an appointment online
Full Circle food pantry	324 Stadium Drive Fayetteville, AR	479-575-7693 https://service.uark.edu/services/pantry/	M: 11-3 W: 3-6 TH: 10-2	Food Pantry	Bring your UAID
SNAP	N/A	https://www.samcc.org/wp-content/uploads/2023/10/NEW-English_SNAP_plus_Application.pdf	Any time	Supplemental nutrition assistance program, food benefits	Not for persons on student visas to the U.S.
Cooperative Emergency Outreach	1649 E Huntsville Road Fayetteville, AR	479-444-7500 https://www.fupcfay.org/serve/cooperative-emergency-outreach/	MWF: 1-3	Food, gasoline vouchers, clothing vouchers, utility assistance, rental	Unknown

				assistance, and prescription vouchers	
Harmon United Methodist	19032 Harmon Road Fayetteville, AR	479-306-4955 https://www.findhelp.org/provider/harmon-united-methodist-church--fayetteville-ar/4514972464578560?postal=72701	3 rd Wednesday of the month 9 am – 11 am	Food Pantry	Unknown
Hope for the City	613 S College Ave Fayetteville, AR	https://www.crosschurch.com/fayetteville/hopeforthecity/	W: 12-1 Sat: 8-10	Community Meal	Unknown
Center Street Church of Christ	310 W Center Street Fayetteville, AR	479-442-8752 https://www.findhelp.org/provider/center-street-church-of-christ--fayetteville-ar/5279241501540352?postal=72704	M-F: 8:30-4:30	Food Pantry	Individuals can access this program once a day, everyone is eligible
Central United Methodist Church	205 MLK Blvd Fayetteville, AR	https://centraltolife.com/engage/missions-and-outreach/	MW: 10-2 TTH: 11:30-12:30	Community and Grab and Go Meals	For anyone
Mount Comfort Church: Banford House	3249 W Mt. Comfort Rd. Fayetteville, AR	https://www.mountcomfort.org/banford-house/	W: 9-11	Food Pantry	Unknown
7 Hills	1832 S School Ave Fayetteville, AR	https://7hillscenter.org/	M-F: 8:30-3	Food Pantry	Unknown
Second Mile Ministries	333 W Maple St Fayetteville, AR	https://ubcfayetteville.org/second-mile-ministry/	MWF: 9-12	Food Pantry	Unknown

International Grocery markets	Depends	https://www.fayetteville-ar.gov/3535/International-Groceries	Depends	Different foods, ingredients, groceries	Unknown
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Additional locations outside of Fayetteville- [https://www.nwafoodbank.org/find-food#googtrans\(en|en\)](https://www.nwafoodbank.org/find-food#googtrans(en|en))

Medical

Agency	Addresses	Phone/ Email/ Website	Days/Times Available	Assistance Offered	Requirements
UARK Psych Clinic	111 Memorial Hall Fayetteville, AR	479-575-4258 https://psychclinic.uark.edu/	M: 8:30-5 T-TH: 8:30-7 F: 8:30-5	Evaluations (ADHD, Autism, Personality, etc.), therapy, and skills training (stress management, parenting, etc.)	Costs and fees: - 50-minute therapy session: \$15 - Specialized evaluations: \$200-\$550
No Surprises	N/A	https://www.cms.gov/nosurprises	N/A	Ending surprise medical bills	Unknown
Welcome Health	1100 N. Woolsey Ave. Fayetteville, AR	479-444-7548 https://www.welcomehealthnwa.org/	M: 8:30-3 T-W: 8:30-4 TH: 4-8	Medical Care: gynecology, immigration exams,	Services are FREE!

			F: 8:30-12	physical therapy, etc. Dental Care: exams, extractions, X-rays, etc.	
Washington Regional Medical Center Financial Assistance	3215 N Northhills Blvd Fayetteville, AR	https://www.wregional.com/Uploads/Public/Documents/Financial_Assistance_Charity_Care_policy_1.02_English.pdf	N/A	Emergency medical conditions and medically necessary services	Patients who reside within the WRMC primary service area who are unable to pay their hospital bills due to difficult financial situations
Arkansas State Health Department Washington County	3270 Wimberly Drive Fayetteville, AR	https://www.healthy.arkansas.gov/health-units/detail/washington-county-health-unit-fayetteville	M-F: 8-6	Community services, environmental health, family health, HIV/sexually transmitted	Unknown

				diseases, immuniza tions, public health preparedn ess, TB program, vital records, and WIC	
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<https://alleviant.com/comprehensive-psychiatry/>

Computer/Electronic

Agency	Address	Phone/ Email/ Website	Days/Times Available	Assistance Offered	Requirements
Book a Librarian	401 W Mountain St Fayetteville, AR	https://www.faylib.org/book-a-librarian	N/A	Discovering new content, starting your resume, learning one of the library's databases, learning the basic functions of a computer, website, or Microsoft software, etc.	Unknown
Free Geek	521 W Ash St Fayetteville, AR	479-966-9512 https://www.freegeekarkansas.org/	W-Sat: 12-6	Reuse/recycle technology, provide access to computers, internet, and education and job skills through volunteering	Unknown

Legal Assistance

Agency	Address	Phone/ Email/ Website	Days/Times Available	Assistance Offered	Requirements
Washington County Public Law Library	4 S College Ave Suite 101 Fayetteville, AR	https://www.washingtoncountylawlibrary.org/	M-F: 8-4:30	N/A	Unknown
University of Arkansas School of Law Legal Clinics	1045 W Maple St Fayetteville, AR	479-575-3056 https://law.uark.edu/service-outreach/clinics/index.php	N/A	Civil Litigation and Advocacy Clinic, Criminal Practice Clinic, Bankruptcy Clinic, Human Trafficking Clinic, Immigration Clinic, and Non-Profit Clinic	Unknown
4 th District Prosecutor's Office Victim Assistance Program	280 N College Ave Suite 301 Fayetteville, AR	479-444-1570 https://www.washingtoncountyar.gov/government/departments-f-z/prosecuting-attorney/victim-assistance	N/A	Information/education about the criminal justice system, escort to hearings/trials, advocacy, etc.	Unknown
Arkansas Free Legal Answers Civil Legal Questions	N/A	https://ar.freelegalanswers.org/	N/A	A virtual legal advice clinic	Unknown
Arkansas Law Help	N/A	https://www.arlawhelp.org/	N/A	Free legal aid, legal information, housing assistance (renting, buying a home, foreclosure, etc.), family assistance	Unknown

				(divorce, protection from violence or abuse, child support, adoption, etc.), individual assistance (LGBTQ+ resources, employment, protection from violence or abuse, etc.), and money assistance (debt, taxes, loans, etc.)	
Legal Aid of Arkansas	N/A	1-800-952-9243 https://arlegalaid.org/	N/A	Free legal services	Low-income Arkansans with civil legal problems

Other

Agency	Address	Phone/ Email/ Website	Days/Times Available	Assistance Offered	Requirements
Fayetteville Public Library Community Resources Wiki	N/A	http://faylib.pbworks.com/w/page/6936341/FrontPage	N/A	So many!! AA, animal services, book binders, ballroom dancing, clothing aid, canopy NWA, DHS, garden clubs, immigration office, LGBTQ+ resources, medical aid, and so much more!	Unknown
State Senator					

Need help finding other resources?

- Arkansas 211: <https://211arkansas.org/> - The free, confidential, 24-hour-a day, multilingual way to connect individuals and families to critical local resources. These include food, shelter, rental assistance, childcare, and more. Arkansas 211 helps callers navigate their situation and then matches them with the best and closest resources in their community.
- [Additional Resources - Samaritan Community Center \(samcc.org\)](http://samcc.org) – Resources for Benton and Washington Counties.